



**Foods of the Month**  
**Coloring and Activity Sheets**

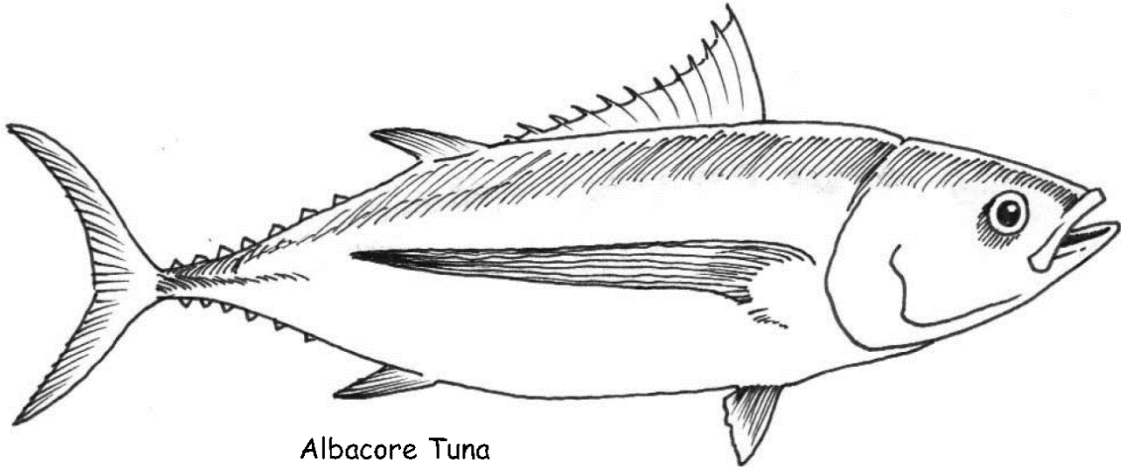
# **Fish & Other Seafood**

## **Grades K-2**

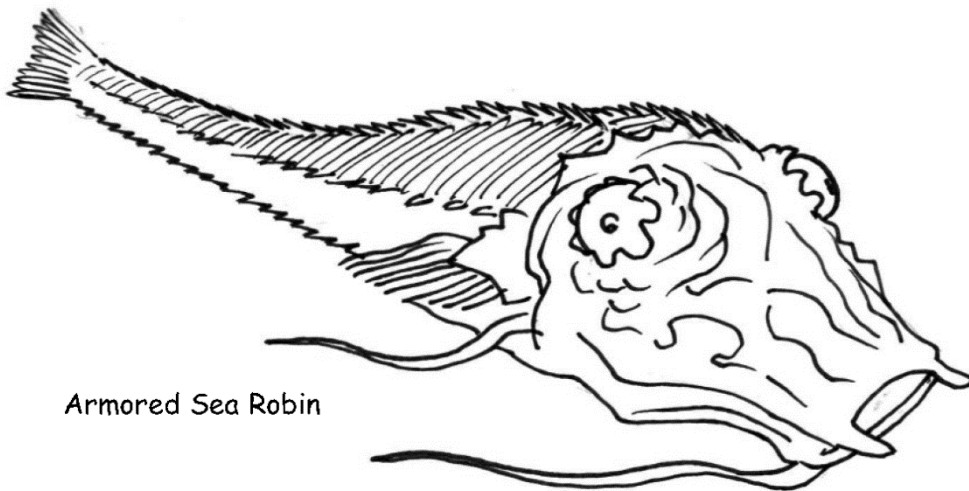


[www.nrpa.org/CommitToHealth](http://www.nrpa.org/CommitToHealth)  
[#CommitToHealth](https://www.instagram.com/CommitToHealth)

Color the Fish Below!



Albacore Tuna



Armored Sea Robin

Look up this fish – unusual, but tasty, inexpensive, and sustainable!

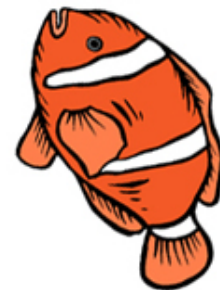
Source: [http://www.jerseyseafood.nj.gov/activity\\_book.pdf](http://www.jerseyseafood.nj.gov/activity_book.pdf)



Fish Word Search



X	U	G	O	L	D	F	I	S	H
Q	G	C	Q	A	T	S	C	P	M
F	I	S	H	Z	U	C	W	V	X
Y	L	R	C	D	N	A	C	S	O
C	L	A	M	Y	A	L	D	L	C
L	S	F	R	I	V	E	R	I	E
T	S	H	S	D	Z	S	B	N	A
L	A	K	E	U	M	C	G	Y	N
T	L	R	S	H	A	R	K	C	E
D	M	I	O	A	B	F	I	N	S
M	O	T	K	E	A	K	A	H	X
E	N	M	I	N	N	O	W	Y	P



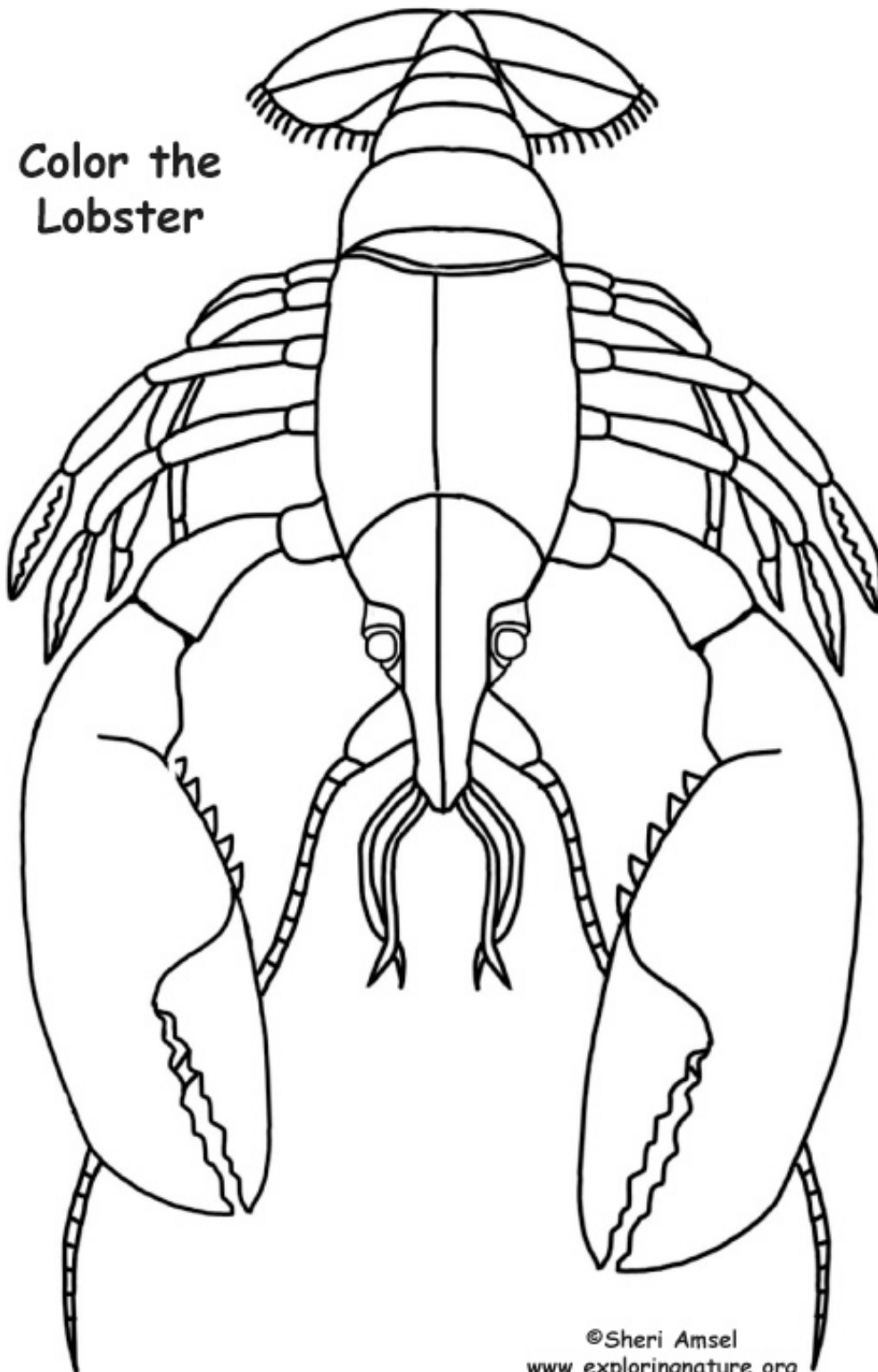
fins  
fish  
gills  
goldfish

lake  
minnow  
ocean  
river

salmon  
scales  
shark  
tuna

March – Fish and Other Seafood

Color the  
Lobster





**Salmon**



**Fresh, Frozen or Canned**

**It's All Good!**



all

most

some

What Do Fish Look Like?



fins



scales



gills



stripes



spots

Make sentences about fish using *all*, *most*, and *some*.

All fish have fins.



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# Stems

## Grades K-2



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# Asparagus

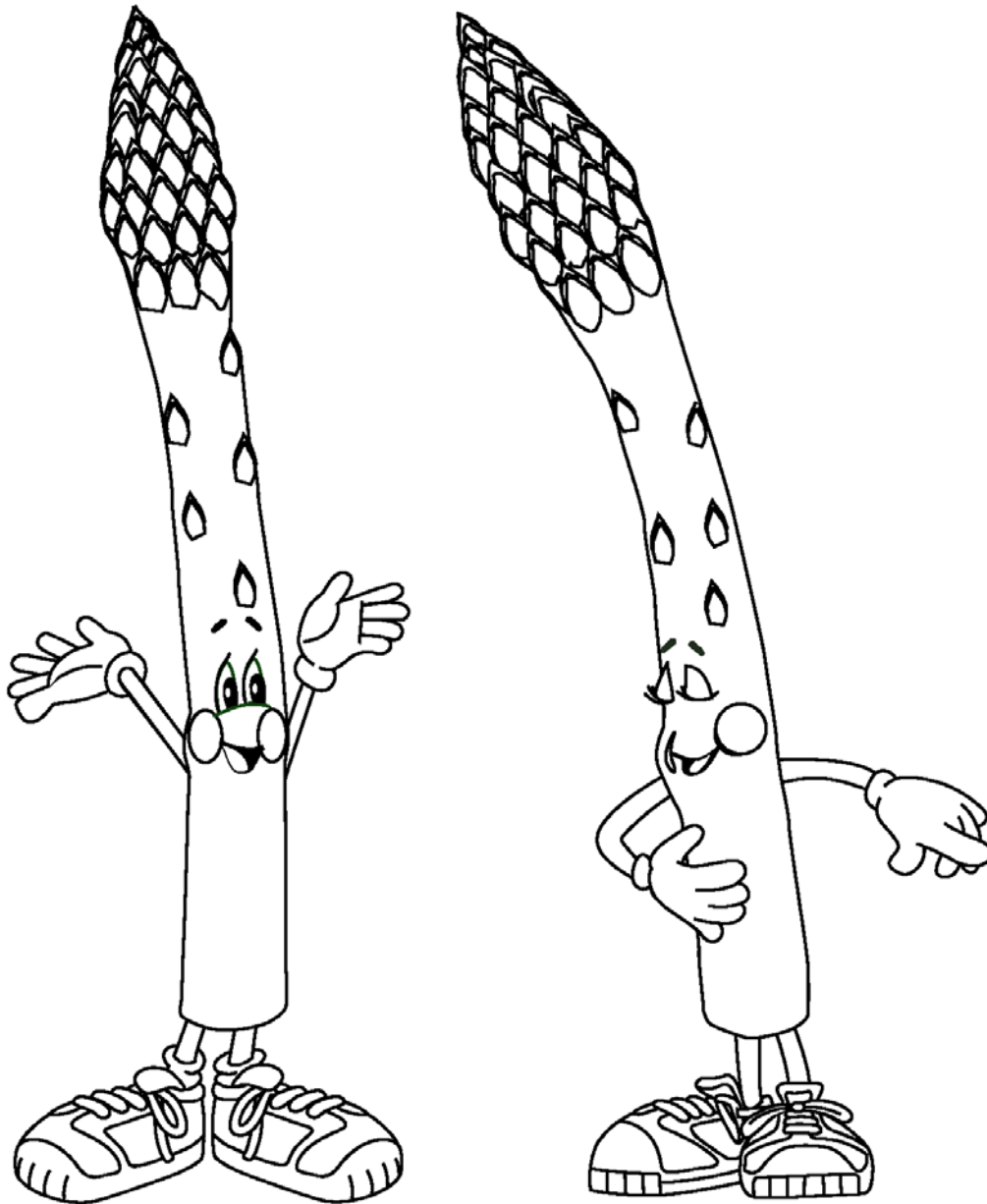


**Make Half Your Plate**  
**Fruits and Vegetables**

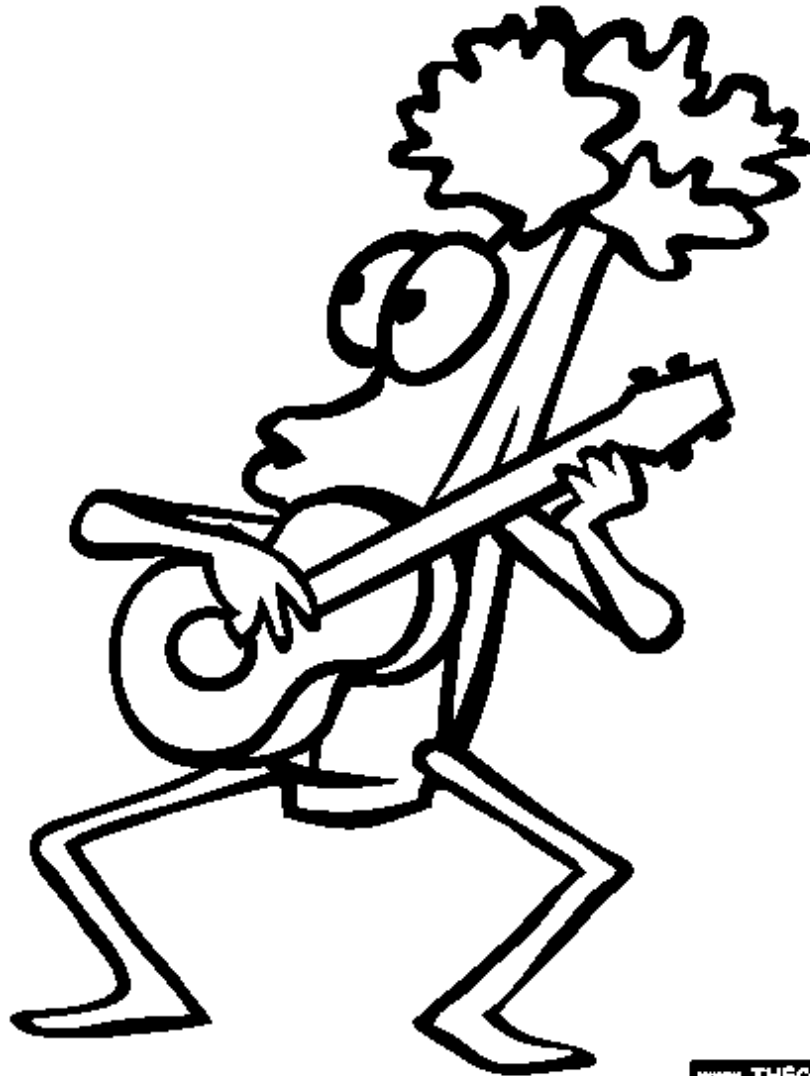




**March – Stems**



**March - Stems**



www.THECOLOR.com

Source: <http://www.thecolor.com/Coloring/Celery.aspx>

# Rhubarb



**Make Half Your Plate**

**Fruits and Vegetables**

