

# Cruciferous Vegetables Grades K-2





### **Coloring and Activity Sheets**

January – Cruciferous Vegetables

### ERMCIFEROUS CRUSADERS

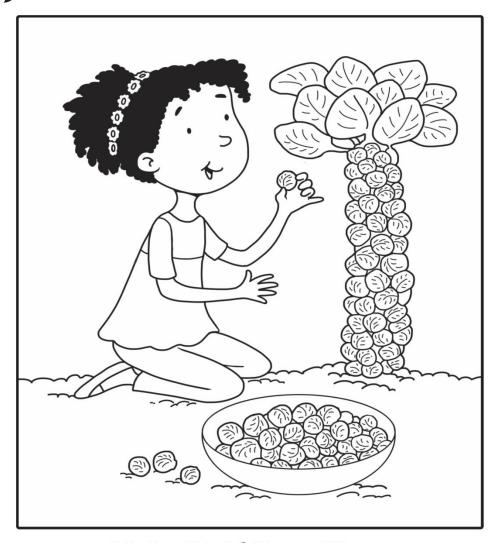


BROCCADACTYL



January - Cruciferous Vegetables

# Brussels Sprouts





Make Half Your Plate
Fruits and Vegetables

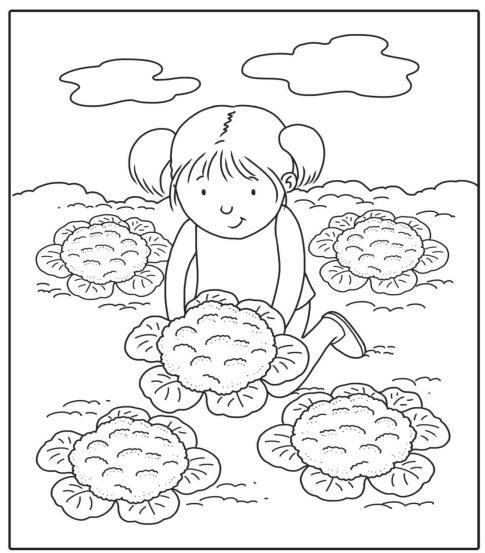




### **Coloring and Activity Sheets**

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Make Half Your Plate Fruits and Vegetables



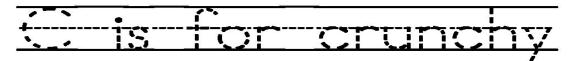


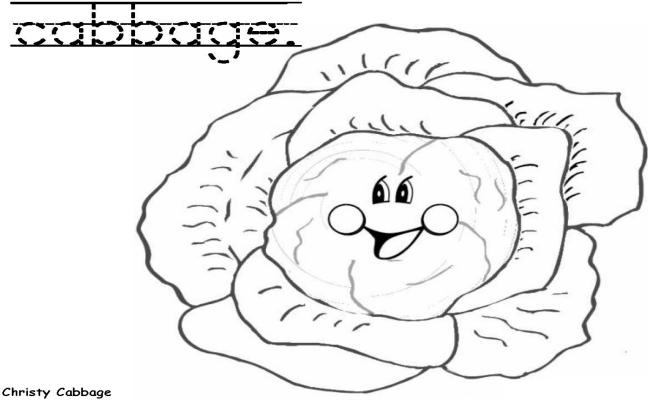
January - Cruciferous Vegetables



#### **Cabbage**







Source: http://www.healthylausd.net/\_pdfs/HOTM\_activitySheets\_workbooks/march2014\_cabbage/Ca bbage2013-14\_book\_no\_staple\_b&w.pdf



# Legumes Grades K-2

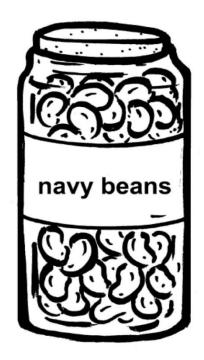


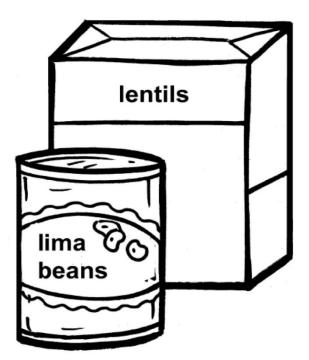


### **Coloring and Activity Sheets**

January - Legumes

- boddacious







Bodacious [boh-dey-shuhs] adjective Definition: remarkable, outstanding, impressive

Funded by USDA SNAP, known in California as CalFresh. •California Department of Public Health

Source:http://www.healthylausd.net/\_pdfs/HOTM\_activitySheets\_workbooks/february2013\_dryBean/FebActSheets.pdf





January - Legumes

**DIRECTIONS**: Find the hidden words within the grid of letters.

MLYKBSBOGMCQL
WKLIMARUQNSFG
KHDDQXVGEAWNZ
EQENJALDKVFWW
ODIEFIBERYBKL
CCVYEIKCYONAF
WRBXLJOXZPLABB
FKMJJRPGFNZAK
PROTEINAUTBNE
ZDNOQXFRZOF

FIBER LIMA PROTEIN
GARBANZO NAVY SEED
KIDNEY PINTO VEGETABLE



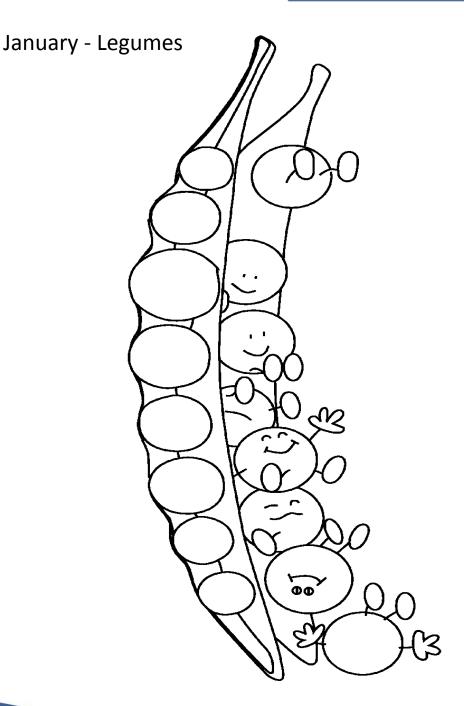


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Created with Discovery Channel School's PuzzleMaker

Source:http://www.healthylausd.net/\_pdfs/HOTM\_activitySheets\_workbooks/february2013\_dryBean/FebActSheets.pdf





Green Pea Gang ©

