Trends in Public Health & The Built Environment

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The Issues

• Chronic diseases and risk factors
• Health disparities
• Mental health
• Multi-sectoral partnerships
• The built environment
• Screens......
Benefits of Parks/Trails/Open Space

- Physical health
- Mental health
- Social benefits
- Environmental sustainability
- Safety/injury prevention
- Economic benefits

Active Living Research, Making the Case report, 2015
Out-of-School Time Programs

• First generation of children to live shorter lives than parents
• We can’t afford to continue to have obese children
• The pledge makes a measurable difference in the health of our children
Take a Walk...

U.S. Surgeon General Call to Action on Walking
Park Prescriptions
How can we make an impact?

• Health equity
• Tell your story!
• HiAP (Health in All Policies)

www.phi.org
Thank You!

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