

A man with a physical disability is shown in a gym, using a recumbent bike. He is wearing a blue t-shirt with an American flag graphic, white shorts, black gloves, and a black brace on his right knee. He has a red headband and is smiling at the camera. The background shows other gym equipment and people.

Push Back for Your Health!

*Adults living with a disability
are at a higher risk of
developing Type II Diabetes.
#Push4YourHealth*

DoIHavePrediabetes.org