SEVEN DIMENSIONS OF WELL-BEING

CULTURAL

- Community events and celebrations
- Visual and performing arts
- Cultural relevancy and humility





- Inclusive and welcoming spaces
- Social connections
- Connection to community



ECONOMIC

- Mentoring and workforce development
- Jobs
- Connections to social services and resources

PHYSICAL

- Safe spaces for physical activity and recreation
- Healthy food, chronic and health education
- Healthcare services



- disease management

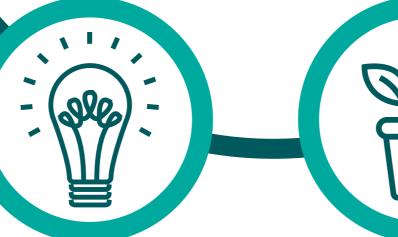


EMOTIONAL

- Social-emotional learning and mindfulness
- Connections to behavorial health services
- Trauma informed lens

INTELLECTUAL

- Education and enrichment
- Lifelong learning and experiences



ENVIRONMENTAL

- Green space and protected natural habitats
- Climate change mitigation and resilience
- Connection to the outdoors