Over 2,000 park and recreation sites are successfully implementing the evidence-based healthy eating and physical activity standards, inspiring communities to eat healthier and move more!

**SINCE 2014, 2,080 PARK AND RECREATION SITES HAVE PLEDGED TO COMMIT TO HEALTH**

- 64% of sites are offering nutrition education in OST programs has doubled
- 87% of sites are limiting screen time
- 86% of sites are serving a fruit or vegetable
- 50% of sites are offering gardening activities

**TOTAL AGENCIES HAVE JOINED THE MOVEMENT TO COMMIT TO HEALTH**

- 386 total agencies

**481,240 YOUTH HAVE IMPROVED ACCESS TO HEALTHY FOODS AND PHYSICAL ACTIVITY OPPORTUNITIES ANNUALLY**

**96% OF COMMIT TO HEALTH SITES ARE MEETING THE DAILY PHYSICAL ACTIVITY RECOMMENDATIONS**