## **CEU Fact Sheet**

## What is a CEU?

One Continuing Education Unit (CEU) is participation in an organized continuing education experience under responsible sponsorship, capable direction, and qualified instruction.

Each CPRE Certified professional is required to earn 3.0 CEUs during each three-year certification period.

## How to earn CEUS...

- Attendance at conferences (i.e. NRPA Annual Conference, State conferences, etc.), local events and trainings that offer CEUs to its participants
- Completion of online learning courses that offer CEUs
- College or University academic credits can be transferred to CEU equivalents by taking the total number of classroom instructional hours and dividing by ten (For example, a 3 credit course that meets once per week for three hours for 15 weeks equals 45 hours of classroom instructional time. Divide 45 by 10 to achieve the 4.5 CEU equivalents)
- Professional Service Experience Points (PSE) can be earned through services you provide to the parks and recreation profession through state affiliate and the national association (i.e. Committee Chair, speaking at a conference, serving as an accreditation visitor, etc.)\*
- If you, as an individual, are planning to attend an educational program that does not offer CEUs, you may apply for CEU equivalents with the CEU Petition\*
- \*All forms may be found on the CPRE Resources page at www.nrpa.org/cpre

