HEALTHY AGING
IN PARKS & RECREATION

9 IN 10 PARK AND RECREATION AGENCIES
DEDICATE FACILITIES, ACTIVITIES AND PROGRAMMING TO OLDER ADULTS

MOST COMMON PARK AND RECREATION OFFERINGS TO OLDER ADULTS:

- 91% EXERCISE CLASSES
- 58% OPPORTUNITIES TO VOLUNTEER IN RECREATION CENTERS
- 70% FIELD TRIPS, TOURS, VACATIONS
- 67% ARTS & CRAFTS CLASSES
- 58% EVENTS & FESTIVALS FOR OLDER ADULTS

76% OF AGENCIES offer one or more evidence-based programs to older adults

63% OF AGENCIES identified Area Agencies on Aging as their most common partner in efforts to deliver services to older adults

44% OF AGENCIES target adults as young as 50 years old for their older adults offerings

71% OF AGENCIES characterize themselves as the leader or one of the leaders providing services and programming for older adults

NRPA National Recreation and Park Association
Because everyone deserves a park

© 2017 National Recreation and Park Association

www.nrpa.org