For kids in grades Pre-K through 2:
Have you heard of “Community Supported Agriculture” also called a “CSA?”

Through this program, you help a farmer pay for seeds, farming equipment, and other things needed to grow fruits and vegetables at a farm. So, you would give money to a farmer before he/she plants any seeds, and then in a few months, the farmer will give you some of the produce (fruits and vegetables) that they grow! They give it to you in a box, the same time every week – isn’t that cool?

Being in a CSA is a great way to get colorful, nutritious fruits and vegetables grown by farmers who live near us! We have a CSA in our community (see callout box for details), but you also can ask around your community to see if other CSAs exist. Talk with your family about the possibility of joining a CSA.

In the meantime, color the basket of fruits and vegetables below. Which are your favorites? Draw a circle around them!

JOIN A CSA!
Send us your information to learn about our local CSA program, to get fresh produce for your family and to support our local farmers!!!

Dates/Season: ____________________________
Address: ________________________________
Pick up time: ____________________________
Cost: ________________________________
Contact Information: ________________________________

Sign up by calling/emailing us, and feel free to ask questions!
For kids in grades 3 through 4:

Have you heard of “Community Supported Agriculture” also called a “CSA?”

Through this program, you help a farmer pay for seeds, farming equipment and other things that are needed to grow fruits and vegetables at a farm. So, you would give money to a farmer before he/she plants any seeds. and then in a few months, the farmer will give you some of the produce (fruits and vegetables), that they grow! They give it to you in a box, the same time every week — isn’t that cool?

Being in a CSA is a great way to get colorful, nutritious fruits and vegetables grown by farmers who live near us! We have a CSA in our community (see callout box for details), but you also can ask around your community to see if a CSA exists, and talk with your family about the possibility of joining the CSA.

In the meantime, list nine fruits and vegetables you would include in a CSA if you worked with a farmer to plan the planting! Then, color the basket of fruits and vegetables below.

JOIN A CSA!

Send us your information to learn about our local CSA program, to get fresh produce for your family and to support our local farmers!!!

Dates/Season:

Address:

Pick up time:

Cost:

Contact Information:

Sign up by calling/emailing us, and feel free to ask questions!
For kids in grades 5 through 8+:
Have you heard of “Community Supported Agriculture” also called a “CSA?”

This unique type of program is a partnership between you/others in the community and a farm! Prior to the farmer planting any seeds, “CSA members” sign up for their farm share — a part of the bounty that comes from the farm! By paying for your share in advance, you are helping the farmer pay for the purchase of seeds, farming equipment and the farm’s other necessities throughout the growing season. In exchange, farm-share members (you) receive boxes of fresh produce from the farm, available for weekly pick up at a set location, usually from around mid-June until October! Isn’t this a great way to get colorful, nutritious fruits and vegetables grown by farmers who live near us?! We have a CSA in our community (see callout box for details), but you also can ask around your community to see if a CSA exists, and talk with us the possibility of joining the CSA!

In the meantime, we challenge you to create a logo for a new CSA, one that YOU create! Name your CSA, draw a logo on the back of this sheet (use the samples below to get your creative juices flowing), then decide on a list of produce you will grow and write these down on the blank spaces below. Good luck with your creation!

https://www.localharvest.org/local-harvest-csa-M10285

https://www.heartacresfarm.com/csa

JOIN A CSA!
Send us your information to learn about our local CSA program, to get fresh produce for your family and to support our local farmers!!!

Dates/Season:

Address:

Pick up time:

Cost:

Contact Information:

Sign up by calling/emailing us, and feel free to ask questions!

nrpa.org/CommitToHealth #CommitToHealth
Create a name and design a logo for your own CSA in the space below.